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# FOUNDATIONS OF INDEPENDENCE CAMP TEEN EDITION

AUGUST 9-15 2024

**WELCOME TO THE FOUNDATIONS OF INDEPENDENCE CAMP FOR TEENS,  
THE NEWEST ADDITION TO CAMP BOWEN'S LINEUP OF EXCITING  
PROGRAMS!**



This week-long camp was created on the success of our 10 month blindness / DeafBlindness skills training program. It is specifically designed for teens, aged thirteen to nineteen, who are blind, DeafBlind, or have low vision.

At this camp, we're all about empowering teens with the skills they need to live life to the fullest. From basic cooking and travel skills to mastering assistive technology, our workshops and fun activities will set you on a path to independence and success. Led by our expert independent living skills and cane travel instructors, you'll not only learn valuable skills, but also make lifelong friendships and discover the joys of recreation in an inclusive and supportive environment.

What sets Camp Bowen apart is its exceptional staff. This camp has a wonderful group of caring instructors, including positive blind, low vision, and DeafBlind mentors. They offer practical advice, demonstrating their confidence and competence and showing campers what's possible when you believe in yourself. And if that wasn't enough to get you excited, this camp balances recreation and skills learning, with a focus on fun and friendship! Campfires, hikes, community outings, self-defense, swimming / boating, and board games are just some of the activities Camp Bowen offers.



The skills taught through these fun activities prepare youth for truly life-long independence and build their confidence. Camp Bowen is more than just a camp – it's a community where teens from across Canada and all abilities can thrive, learn, and connect. Join us this summer and embark on a journey of growth, discovery, and fun!

**FOR MORE INFO, GO TO [HTTPS://CAMPBOWEN.CA/](https://campbowen.ca/)**

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# INFORMATION

## ABOUT US

At the Camp Bowen Division of the Canadian Organization of the Blind and DeafBlind we are passionate about building excellent summer camps where the independence of people, who are blind, DeafBlind, and low vision can be fostered through friendship.

We also operate the Foundations of Independence blindness / DeafBlindness skills training program that connects adults, who are blind, DeafBlind, and low vision with the skills they need to live life independently.

The Canadian Council of the Blind Bowen Island Chapter is dedicated to advancing the independence of Canadians who are blind, DeafBlind, and low vision. With more than 75 chapters across the country, the Canadian Council of the Blind (CCB) is the largest membership based organization for the blind in Canada and is known as the "Voice of the Blind™".

## COST AND FUNDING

The cost per Camp Bowen session is \$195.00 CAD, though funding is available to cover this expense. At Camp Bowen, we believe every child deserves a chance to experience the magic of summer camp. That's why we offer funding to cover camp fees and travel expenses, ensuring that financial barriers never stand in the way of an unforgettable camp experience. Simply request funding during the registration process, and let the adventure begin!

## LOCATION

The Xenia Creative development Centre, nestled on Bowen Island, British Columbia, offers a truly enchanting setting, perfect for camps for youth who are blind, DeafBlind, and low vision. Surrounded by the island's lush, forested landscapes and breathtaking mountain views, the retreat exudes tranquility and seclusion, creating an atmosphere conducive to learning.

Please visit [cobd.ca/xenia](http://cobd.ca/xenia) for more information

## TRAVEL ASSISTANCE

Camp Bowen is pleased to provide travel assistance to help campers participate in our life-changing programs.

Whether assistance is needed in the form of financial support, help booking transportation, or a staff travel companion, we want to make sure getting to camp is an easy and enjoyable experience for everyone. For assistance planning your unique travel situation, please call:

+1 (800) 264-2623, extension 102 or email  
[campbowen@cobd.ca](mailto:campbowen@cobd.ca).

## REGISTRATION

Ready to embark on the adventure of a lifetime? Registering for Camp Bowen is simple! Just fill out the camp registration form, and you'll be on your way to an unforgettable summer experience.

Need help with the form, please call: Register today at:  
[campbowen.ca/camps](http://campbowen.ca/camps), +1 (800) 264-2623, extension 102  
or email [campbowen@cobd.ca](mailto:campbowen@cobd.ca).